



Contacts and Important Information During School Closure

MELS Facebook page is where all updates will be posted in addition to email

- <https://www.facebook.com/Metropolitan-Expeditionary-Learning-School-MELS-275336467785/>

Class Assignments or access to google classroom

- Contact your Crew advisor or subject area teacher- [Find staff email list here](#)

If you need help with PupilPath or are not receiving Mailchimp communications

- Ms. Barcia – abarcia@metropolitannels.com

If you are not receiving email updates

- Ms. Barcia – abarcia@metropolitannels.com

If you need help with your MELS email

- McCord and Finley – metropolitannels@gmail.com

If you need to speak with a counselor for emergency support or if you are feeling overwhelmed please contact one of our counselors / support staff below:

- Ms. Sheckman – lsheckman@metropolitannels.com
- Ms. Nuñez – anunez@metropolitannels.com
- Ms. Benzvi – jbenzvi@metropolitannels.com

If you are currently experiencing suicidal thoughts we urge you to call 911 right away or visit an emergency room. Families may also contact us for support throughout this process after taking initial emergency steps. Please also see resources below:

- Suicide prevention-Lifeline 800-273-8255
- NYCWELL (Mental health help) 888-692-9355
- NYC Health and Hospitals (Queens) – <https://www.nychealthandhospitals.org/queens/psychiatry/>
- [click here](#) for text, call and chat support with problems like stress, depression, anxiety, or drug and alcohol use.

If your family needs support with food or other emergency services please reach out to any of the individuals below:

- Mr. McCord – dmccord@metropolitannels.com
- Mr. Finley – pfinley@metropolitannels.com
- Ms. Mills – hmills@metropolitannels.com
- Ms. Weaver - sweaver@metropolitannels.com
- Ms. Barcia – abarcia@metropolitannels.com

To locate a food bank in your area by zip code [click here](#)

If you or anyone at your home is exhibiting any symptoms of the coronavirus please follow directions on the [cdc website](#) and notify metropolitannels@gmail.com as soon as possible.